

# SARASWATI DEVI INTERNATIONAL SCHOOL, BANKURA

## WEEKLY CANTEEN MENU

JULY - .>2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	❖ VEGETABLES POHA ❖ TOMATO CHUTNEY ❖ RIPE BANANA	❖ ROTI (5 PC) ❖ WHIT PEASE M/S ❖ SUJJI HALWA (80gm)	❖ IDLI (4 pc) ❖ SAMBER ( 100 gm) ❖ CHUTNEY (80 gm)	❖ PAW (2 PC) ❖ BHAJI (100 gm) ❖ APPLE	❖ Roti (5 pc) ❖ SABJI (100 gm) ❖ Suji Halwa(050gm)	❖ Paratha (3PC) ❖ Aloo Sabji ❖ Ripe Banana(1 pc)	❖ Puri (6pc) ❖ Sabji (100 gm) ❖ Sweet (1pc)
<b>LUNCH</b>	❖ RICE.400gm / ROTI 6 pc ❖ MASOOR DAL (100 gm) ❖ PUMKING (100gm) ❖ PANNER M/S (V ) ❖ KadaiChicken(2 pc) ❖ Green Salad(.050 gm )	❖ RICE .400gm /Roti 6 pc ❖ MOONG DAL (100 gm ) ❖ ALOO BHINDI BHAJI (100 gm ) ❖ SOYABEEN MASALA ❖ TOMATO CHUTNEY 80 gm ❖ GREEN SALAD 050gm)	❖ RICE 400gm /ROTI 6pc ❖ MASOOR DAL I(100 gm ) ❖ ALOO PATOL (100 gm ) ❖ PANNER KOFTA CURRY ❖ EGG CURRY ❖ GREEN SALAD	❖ RICE .400gm /ROTI 6 pc ❖ Mix Dal(100gm) ❖ SHUKOT (100 gm ) ❖ ALOO KUNDRI BHAJA 80 gm ) ❖ MANGO CHUTNEY ❖ GREEN SALAD	❖ BIRYANI CHICKEN /VEG ❖ VEG RAITA ❖ ONION SALAD	❖ RICE .400 / ROTI 6 pc ❖ MOONG DAL (100 gm ) ❖ VEG KOFTA CURRY ❖ KADAI PANNER (100 gm) ❖ EGG KOSHA ( 1 pc) ❖ GREEN SALAD (50 gm )	❖ RICE .400 /ROTI 6 pc ❖ MASOOR DAL (100 gm) ❖ PATOL ALOO ROSHA ❖ PANNER MSALA (V) (.080gm) ❖ Fish Curry (1pc) ❖ GREEN SALADA
<b>SNACKS</b>	❖ CHANA CHAT	❖ EGG ROLL (1 pc) ❖ VEG RALL pc	❖ PANI PURI (6 pc)	❖ CHOW EGG /VGG	❖ VEG MOMOS (4 pc) ❖ SOUP AND CHUTNEY	❖ PANI PUEI (6 pc)	❖ GHUGNI CHAT

## DINNER

- ❖ ROTI -(7 pc)
- ❖ TOOR DAL FRIY (100gm)
- ❖ ALOO PATOL BHAJA (.080 gm)
- ❖ MIX VEG (100gm)
- ❖ ACHER
- ❖ MILK

- ❖ ROTI (7 pc)
- ❖ MASOOR DAL (100gm)
- ❖ CHANA MASALA (100gm)
- ❖ ALOO KUNDEI BHAJA(80gm)
- ❖ ACHER
- ❖ MILK

- ❖ ROTI (7 PC)
- ❖ MOONG DAL (100GM)
- ❖ BUTTER PANNER (.80GM)
- ❖ ALOO KAKROLL DRIY (100gm)
- ❖ EGG CURRY (1 pc)
- ❖ ACHER
- ❖ MILK

- ❖ ROTI (7 pc)
- ❖ MIX DAL i(100 gm)
- ❖ RAJMA (100 gm)
- ❖ ALOO BHINDI DRIY
- ❖ ACHER
- ❖ MILK

- ❖ ROTI (7 PC)
- ❖ MASOOR DAL (100gm )
- ❖ ALOO PATOL (100 gm )
- ❖ BORBOTI ALOO BHAJA (80 gm )
- ❖ ACHAR
- ❖ MILK

- ❖ ROTI (7 pc)
- ❖ MOONG DAL (100 gm )
- ❖ MIX SABJI (100 gm)
- ❖ KADAI PANNER (80 gm )
- ❖ EGG CURRY (1 pc)
- ❖ ACHER
- ❖ MILK

- ❖ JEERA RICE
- ❖ TOOR DAL
- ❖ MASHROOM MASALA
- ❖ VEG MANCHURIN
- ❖ EGG KOSHA ( 1 PC)

**MENU IS SUBJECT TO LAST MINUTE CHANGES AS PER AVAILABILITY.**

LEARNING REDEFINED